

## **COURSE DESCRIPTION**

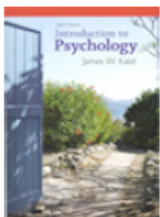
A survey of the study of behavior and mental processes with emphasis on the scientific nature of contemporary psychological investigation. Topics discussed included research methods, the biology of behavior, sensation and perception, stress and adjustment, learning, memory, cognition, motivation, emotion, life-span development of behavior, personality, abnormal behavior and its therapies, social behavior, and individual differences. (3 credit hours)

## **COURSE OBJECTIVES**

This course will provide you with an introduction to psychology, which is the scientific study of behavior. Upon completing this course the student should have:

- Developed an appreciation of how scientific values and principles relate to the study of psychology
- The ability to read literature and understand events of a public or private nature that pertain to the field of psychology
- The ability to communicate with others who have had training in the field, through the proper understanding and development of an accurate vocabulary of terms
- The ability to plan one's procedures and make decisions consistent with known principles of psychology
- The ability to take advanced courses in psychology

## **Textbook**



***Introduction to Psychology*** (8th Edition)  
by James W. Kalat North Carolina State  
University  
Wadsworth/Thompson Learning © 2008  
**ISBN- 10:0495102881**

## **ASSIGNMENTS**

Everything is done online, self-paced. Students have one semester in which to complete everything.

The course consists of four units. Each of the four units has readings from the textbook; internet lectures by the instructor; video tapes to watch; an open-book non-timed multiple-choice exam; an open-book timed multiple-

choice exam; an essay; and a project. Extra credit points can be earned by in a number of ways (see the Extra Credit page for details).

### **Unit 1 (Exam 1A and 1B) 117 pages**

- Ch 1 What is Psychology Only pages 2-7
- Ch 2 Scientific Methods 32 pages
- Ch 3 Biological Psychology 23 pages.
- Ch 4 Sensation & Perception Skip Module 4.1.  
From Module 4.2 pp. 114-121 & all of Module 4. 3  
28 pages
- Ch 5 Human Development Only Modules 5.1 & 5.4  
19 pages

### **Unit 2 (Exam 2A and 2B) 117 pages**

- Ch 6 Learning 38 pages
- Ch 7 Human Memory 37 pages
- Ch 8 Cognition and Language 42 pages

### **Unit 3 (Exam 3A and 3B) 105 pages**

- Ch 9 Intelligence & Meas. 23 pages
- Ch 10 States of Consciousness 30 pages
- Ch 11 Motivation 38 pages
- Ch 12 Emotions, Stress, Health Module 12.1 & Module 12.2 (skip  
112.3)  
26 pages

### **Unit 4 (Exam 4A and 4B) 113 pages**

- Ch 13 Social 43 pages
- Ch 14 Personality Modules 14.2 & 14.3  
16 pages
- Ch 15 Abnormality, Therapy 25 pages
- Ch 16 Specific Disorders ... 29 pages

### **EVALUATION/GRADING**

Students earn points for assignments according to the table below

Total Points =		100
<b>A Exams</b>	<b>22.0%</b>	<b>22</b>
Ex 1A	6%	5.5
Ex 2A	6%	5.5
Ex 3A	6%	5.5
Ex 4A	6%	5.5
<b>Total A Exams</b>	<b>22%</b>	<b>22</b>
<b>B Exams</b>	<b>40.0%</b>	<b>40</b>
Ex 1B	10.00%	10.00
Ex 2B	10%	10
Ex 3B	10%	10
Ex 4B	10%	10
<b>Total B Exams</b>	<b>40%</b>	<b>40</b>
<b>Essays</b>	<b>14.0%</b>	<b>14</b>
E1	4%	3.5
E2	4%	3.5
E3	4%	3.5
E4	4%	3.5
<b>Total Essays</b>	<b>14%</b>	<b>14</b>
<b>Videos</b>	<b>12.0%</b>	<b>12</b>
V1	3%	3
V2	3%	3
V3	3%	3
V4	3%	3
<b>Total Video</b>	<b>12%</b>	<b>12</b>
<b>Projects</b>	<b>12.0%</b>	<b>12</b>
P1	3%	3
P2	3%	3
P3	3%	3
P4	3%	3
<b>Total Projects</b>	<b>12%</b>	<b>12</b>
<b>Total =</b>	<b>100.0%</b>	<b>100</b>

### Final Grades

A = 85% of total or >85 points

B = 75% of total or 75 to <85

C = 65% of total or 65 to <75

D = 55% of total or 55 to <65

F = <55 points

Students may withdraw at anytime up until the last week of the semester.

No Incomplete grades are assigned.

Distance-learning students need to be self-directed and self-motivated in their approach to learning and possess effective study skills and habits. Prospective students considering enrolling in a distance-learning course are encouraged to use a [Short Self-assessment Survey](#) to discover if they have the necessary academic characteristics to be successful distance learners.

Contact the instructor: [lanning@lanning.org](mailto:lanning@lanning.org)